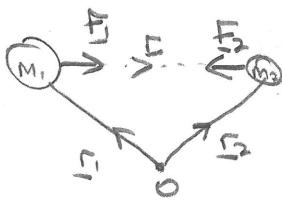


① 2 Body Problem



- Consider two massive objects offset from origin O in inertial space by \underline{r}_1 and \underline{r}_2
Mutual grav. attraction results in forces:

$$\underline{F}_1 = Gm_1 m_2 \underline{\Sigma} / r^3 = m_1 \ddot{\underline{r}}_1$$

$$\underline{F}_2 = -Gm_1 m_2 \underline{\Sigma} / r^3 = m_2 \ddot{\underline{r}}_2$$

where $G = 6.672 \times 10^{-11} \text{ Nm}^2 \text{kg}^{-2}$ ($\text{m}^3 \text{kg}^{-1} \text{s}^{-2}$)

- Writing $\underline{\Sigma} = \underline{r}_2 - \underline{r}_1$ gives eqns of rel. motion

$$\ddot{\underline{\Sigma}} = \ddot{\underline{r}}_2 - \ddot{\underline{r}}_1 = -G(m_1 + m_2) \underline{\Sigma} / r^3$$

$$\ddot{\underline{\Sigma}} + \mu \underline{\Sigma} / r^3 = 0 \quad \boxed{1}$$

where $\mu = G(m_1 + m_2)$ NOTE: take care w/ μ !

- To solve, take $\underline{\Sigma} \wedge \boxed{1}$ to get

$$\underline{\Sigma} \wedge \ddot{\underline{\Sigma}} = 0 \quad \text{AS } \underline{\Sigma} \wedge \underline{\Sigma} = 0$$

Integrate to get

$$\underline{\Sigma} \wedge \dot{\underline{\Sigma}} = \underline{h} \quad \boxed{2}$$

where $\underline{h} = \text{const vector } \perp \text{ to } \underline{\Sigma} \text{ and } \dot{\underline{\Sigma}}$

i.e. motion of M_2 rel. to M_1 is in the plane \perp to \underline{h}

- Define polar coord. system r, θ centred on M_1 , s.t. $\hat{\underline{r}}$ and $\hat{\underline{\theta}}$ are unit vectors along and \perp to radius vector.

Vector calculus gives

$$\begin{aligned} \underline{\Sigma} &= r \hat{\underline{r}} \\ \dot{\underline{\Sigma}} &= \dot{r} \hat{\underline{r}} + r \dot{\theta} \hat{\underline{\theta}} \\ \ddot{\underline{\Sigma}} &= (\ddot{r} - r \dot{\theta}^2) \hat{\underline{r}} + (r^{-1} d[r^2 \dot{\theta}] / dt) \hat{\underline{\theta}} \end{aligned} \quad \boxed{3}$$

- Substitute into $\boxed{2}$ to get

$$\underline{h} = \begin{pmatrix} \hat{\underline{r}} \\ \hat{\underline{\theta}} \end{pmatrix} \wedge \begin{pmatrix} \dot{r} \\ r \dot{\theta} \end{pmatrix} = r^2 \dot{\theta} \hat{\underline{z}}$$

where $\hat{\underline{z}}$ is \perp to orbital plane

$$|\underline{h}| = r^2 \dot{\theta} \quad \boxed{4} \quad \text{NOTE: also get } r^2 \dot{\theta} = \text{const from } \hat{\underline{\theta}} \text{ component of } \boxed{1}$$

- The \hat{r} component of \vec{w} becomes

$$\ddot{r} - r\dot{\theta}^2 = -\mu/r^2$$

Let $r = \bar{u}^{-1}$ and use 1.4 to get

$$\therefore \ddot{r} = (\partial r/\partial u)(\partial u/\partial t) = -\bar{u}^2(du/d\theta)\dot{\theta} = -h du/d\theta$$

$$\therefore \ddot{r} = -h(d^2u/d\theta^2)\dot{\theta} = -h^2u^2 d^2u/d\theta^2$$

And so

$$-h^2u^2 d^2u/d\theta^2 - h^2u^3 = -\mu u^2$$

$$\therefore \underline{d^2u/d\theta^2 + u = \mu/h^2}$$

- This second order linear differential eqn can be solved

$$u = (\mu/h^2) [1 + e \cos(\theta - \bar{\omega})]$$

where e = eccentricity, $\bar{\omega}$ = longitude of pericentre are two constants of integration

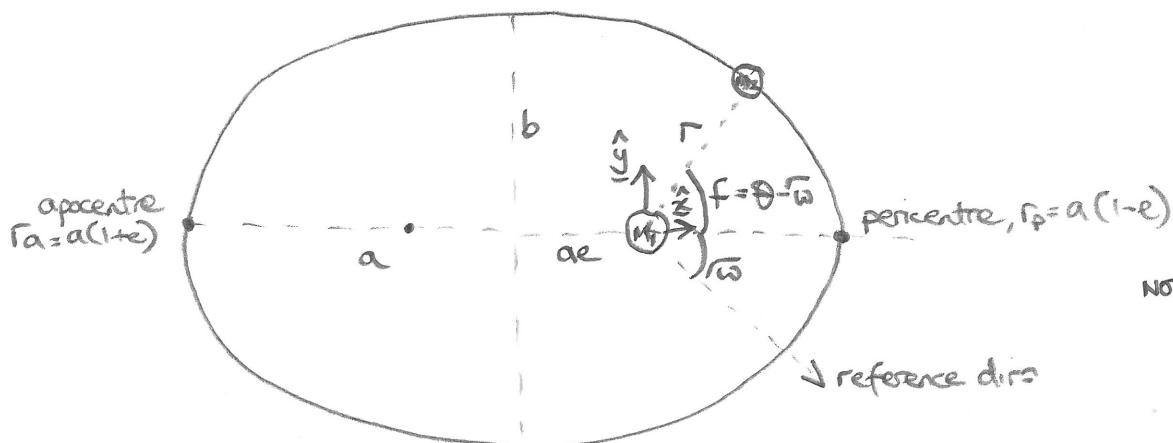
Or $r = (h^2/\mu) / [1 + e \cos(\theta - \bar{\omega})] \quad \boxed{1.5}$

which is the general eqn for a conic

Ellipse: $e < 1$ (circle, $e=0$)

Hyperbola: $e > 1$ (parabola, $e=1$)

- We'll return to hyperbolas in topic ④ and treat ellipses, the geometry of which is well defined:



NOTE: difference betw.
perihelion
perigee
periastron

- M_2 follows elliptical orbit w/ M_1 @ focus

- a = semimajor axis

$$r_p = a(1-e) = (h^2/\mu) / (1+e)$$

$$\therefore h = \sqrt{\mu a(1-e^2)}$$

$$\therefore \underline{r = a(1-e^2)/(1+e \cos f)} \quad \boxed{1.6}$$

1.6

1.7

where f = true anomaly = $\theta - \bar{\omega}$

- b = semiminor axis

$$\text{As } r_b = a(1-e^2)/(1+e(-ae/r_b))$$

$$r_b = a$$

$$b = a\sqrt{1-e^2}$$

$$\cdot \text{Area of ellipse} = \pi ab = \pi a^2 \sqrt{1-e^2}$$

- Orbital period



$$\therefore \frac{dA}{dt} = \frac{1}{2} r^2 \dot{\theta}$$

$$= \frac{1}{2} h = \text{const (Kepler's law)} \quad (\text{from 1.4})$$

$$= \frac{1}{2} \sqrt{\mu a(1-e^2)} \quad (\text{from 1.6})$$

$$\therefore t_{\text{per}} = \frac{\pi a^2 \sqrt{1-e^2}}{\frac{1}{2} \sqrt{\mu a(1-e^2)}} = 2\pi \sqrt{a^3/\mu}$$

1.5

Often used: $n = 2\pi/t_{\text{per}} = \text{mean motion}$

where $\mu = n^2 a^3$

NOTE: This scaling also from dimensional analysis as $G = L^3 M^{-1} T^{-2}$, $\mu = L^3 T^{-2}$, $a = L$ \therefore time scales $\propto \sqrt{a^3/\mu}$

- Another const of motion, that gives info about velocities: 1.6

$$\dot{r} \cdot \ddot{r} + \mu \frac{r \cdot \dot{r}}{r^3} = 0$$

But $r \cdot \dot{r} = (\dot{r}) \cdot (\dot{r}) = r \dot{r}$

And $d(-\mu r^{-1})/dt = \mu \dot{r}/r^2$

And $d \dot{r} \cdot \dot{r} / dt = 2 \dot{r} \cdot \ddot{r}$

$$\therefore 0.5 d(\dot{r} \cdot \dot{r})/dt + d(-\mu r^{-1})/dt = 0$$

$$\therefore 0.5 v^2 - \mu/r = C \quad 1.6$$

where $v^2 = \dot{r} \cdot \dot{r} = \dot{r}^2 + r^2 \dot{\phi}^2$ NB $\dot{\phi} = \dot{\theta}$

- Differentiating 1.7 gives

$$\begin{aligned} \dot{r} &= (dr/dt)(df/dt) \\ &= -a(1-e^2)(1+e\cos f)^{-2} (-e\sin f) f \\ &= \frac{r^2 f e \sin f}{a(1-e^2)} \end{aligned}$$

But 1.4, 1.6 $\Rightarrow r^2 \dot{f} = \sqrt{\mu a(1-e^2)}$

$$\begin{aligned} \therefore \dot{r} &= A e \sin f \\ \dot{r} f &= A (1+e\cos f) \end{aligned} \quad \left. \right\} 1.10$$

where $A = \sqrt{\mu/a(1-e^2)}$

$$\begin{aligned} \therefore v^2 &= A^2 [e^2 \sin^2 f + (1+e\cos f)^2] \\ &= A^2 [e^2 - 1 + 2(1+e\cos f)] \\ &= \mu [2/r - 1/a] \end{aligned} \quad 1.11$$

NOTE: $v_p = \sqrt{\frac{\mu}{a}} \sqrt{\frac{1+e}{1-e}}$

$$v_a = \sqrt{\frac{\mu}{a}} \sqrt{\frac{1-e}{1+e}}$$

Putting into 1.9 $\rightarrow C = -\mu/2a$

- 2D pos & vel

$$x = r \cos f$$

$$\therefore \dot{x} = \dot{r} \cos f - r \dot{f} \sin f$$

$$= A [e \sin f \cos f - \sin f - e \sin f \cos f]$$

$$= -A \sin f$$

$$y = r \sin f$$

$$\dot{y} = A [e \sin^2 f + \cos f + e \cos^2 f]$$

$$= A(e + \cos f)$$

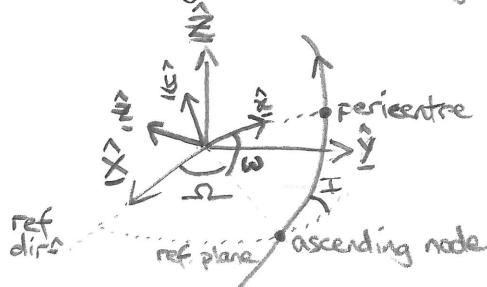
1.12

• 3D Orbit (Eq. 2)

To define orbital plane wrt a ref frame $\hat{x}, \hat{y}, \hat{z}$ req 2 angles:

I = Inclination

Ω = Longitude of Ascending Node



$I < 90^\circ \rightarrow$ prograde

$> 90^\circ \rightarrow$ retrograde

w = argument of pericentre

$\bar{w} = w + \Omega$ = longitude of pericentre

∴ Orbit completely defined by $a, e, \bar{w}, I, \Omega, f$

Transform from orbital to ref frame using matrix T defined by 3 rotations.

$$(x, y, z)^T = T (x, y, z)^T \quad [1.13]$$

$$(\dot{x}, \dot{y}, \dot{z})^T = T (\dot{x}, \dot{y}, \dot{z})^T$$

$$\begin{aligned} \text{where } T &= \begin{pmatrix} \cos\Omega & -\sin\Omega & 0 \\ \sin\Omega & \cos\Omega & 0 \\ 0 & 0 & 1 \end{pmatrix} \begin{pmatrix} 1 & 0 & 0 \\ 0 & \cos w & -\sin w \\ 0 & \sin w & \cos w \end{pmatrix} \begin{pmatrix} \cos I & -\sin I & 0 \\ \sin I & \cos I & 0 \\ 0 & 0 & 1 \end{pmatrix} \\ &= \begin{pmatrix} \cos\omega\cos\Omega - \sin\omega\sin\Omega & -\cos\omega\sin\Omega - \sin\omega\cos\Omega & \sin I \\ \sin\omega\cos\Omega + \cos\omega\sin\Omega & -\sin\omega\sin\Omega + \cos\omega\cos\Omega & -\cos I \\ \sin I & \sin\omega\cos\Omega & \cos I \end{pmatrix} \quad [1.14] \end{aligned}$$

NOTE: Abbreviations for cos and sin

$$\begin{aligned} \text{Knew trig identity: } \cos(w+f) &= \cos w \cos f - \sin w \sin f \\ \sin(w+f) &= \sin w \cos f + \cos w \sin f \end{aligned}$$

• Can convert $x, y, z, \dot{x}, \dot{y}, \dot{z}$ into orbital elements; get in turn:

[a] New [1.9] is $0.5v^2 - \mu/r = -\mu/2a$

$$\therefore a = (2/r - v^2/\mu)^{-1} \quad [1.15]$$

$$\text{where } r = \sqrt{x^2 + y^2 + z^2}$$

$$v = \sqrt{\dot{x}^2 + \dot{y}^2 + \dot{z}^2}$$

[b] Rearrange [1.6] to get $e = \sqrt{1 - h^2/a^2}$ [1.16]

$$\text{where } h_0 = \begin{bmatrix} \mathbf{r} \times \mathbf{v} \end{bmatrix} = [yz - z\dot{y}, zx - x\dot{z}, xy - y\dot{x}]^T \text{ from [1.2]}$$

[c] Transform also applies to h so:

$$\underline{h}_0 = T \begin{pmatrix} 0 \\ h \end{pmatrix} = h \begin{bmatrix} \sin I \sin I, -\cos I \sin I, \cos I \\ \sin I \cos I, \cos I \cos I, 0 \end{bmatrix}^T \quad [1.17]$$

$$\therefore I = \tan^{-1}(h_z/h)$$

[d] Likewise $\Omega = \tan^{-1}(-h_x/h_y)$

[e] From [1.7] $\cos f = \frac{a}{r} [\frac{a}{r}(1-e^2) - 1]$

$$\text{Remove ambiguity of sign noting that } i = \frac{\dot{x}\dot{y} + \dot{y}\dot{z} + \dot{z}\dot{x}}{r} \propto \sin f$$

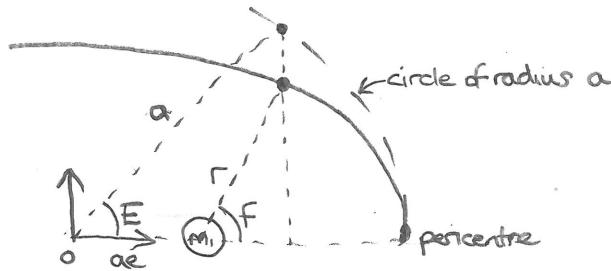
[1.18]

[f] From [1.3, 1.4] $z/r = \sin I \sin(w+f)$

Remove ambiguity of sign $\in x/r$ eqn.

Mean and Eccentric Anomalies (Eq.3)

Define eccentric anomaly, E :



$$\therefore \cos E = (ae + r \cos f)/a \quad \text{from geometry}$$

$$\therefore \cos f = (\cos E - e)a/r \quad \text{rearranging}$$

$$= (\cos E - e)(1 + e \cos f)/(1 - e^2) \quad \text{from 1.7}$$

$$= (\cos E - e)/(1 - e \cos E) \quad \text{taking } (1-e^2) \text{ across and rearranging}$$

1.19

This means that:

$$2\cos^2 f/2 = 1 + \cos f = (1 - e \cos E + \cos E - e)/(1 - e \cos E) \\ = \left(\frac{1-e}{1-e \cos E}\right) 2\cos^2 E/2$$

$$2\sin^2 f/2 = 1 - \cos f = (1 - e \cos E - \cos E + e)/(1 - e \cos E) \\ = \left(\frac{1+e}{1-e \cos E}\right) 2\sin^2 E/2$$

$$\therefore \tan f/2 = \sqrt{\frac{1+e}{1-e}} \tan E/2 \quad 1.20$$

Substitute 1.19 into 1.7

$$\therefore r = a(1-e^2)(1-e \cos E)/(1 - e \cos E + e(\cos E - e)) \\ = a(1 - e \cos E) \quad 1.21$$

$$\text{Thus } \dot{r} = a \sin E \dot{E} = \sqrt{\frac{\mu}{a(1-e^2)}} e \sin f \quad \text{from 1.10}$$

$$\text{But from 1.19 } \sin^2 f = 1 - (\cos E - e)^2/(1 - e \cos E)^2 \\ = (1 - e \cos E)^2 [1 + e^2 \cos^2 E - 2e \cos E - \cancel{e^2 \cos^2 E} + 2e \cos E - e^2]$$

$$\therefore \sin f = \sqrt{1-e^2} \sin E / (1 - e \cos E)$$

$$\therefore \dot{E} = \sqrt{\frac{\mu}{a^3}} (1 - e \cos E)^{-1}$$

$$\therefore \int_0^E 1 - e \cos E dE = \int_T^t n dt \quad \text{where } T = \text{time of pericentre passage}$$

$$\therefore E - e \sin E = M = n(t - T) \quad 1.22$$

Where $M = \text{Mean anomaly}$

This is Kepler's eqn, which must be solved numerically

Also define $\lambda = M + \omega = \text{mean longitude}$ 1.23

Barycentric Motion (Eqn.1)

The frame centred on M_1 is not inertial, but that on barycentre (ω') is:



By definition of c.o.m.: $m_1 \underline{v}_1 + m_2 \underline{v}_2 = (m_1 + m_2) \underline{R}$

$$\text{But } \underline{v}_1 = \underline{R} + \underline{R}_1$$

$$\text{and } \underline{v}_2 = \underline{R} + \underline{R}_2$$

$$\therefore m_1 \underline{R}_1 + m_2 \underline{R}_2 = 0$$

$$\therefore \underline{R}_2 = -\frac{m_1}{m_2} \underline{R}_1$$

$$\text{Also } \underline{v} = \underline{R}_2 - \underline{R}_1 = -\underline{R}_1 (1 + m_1/m_2)$$

$$\underline{R}_1 = -\left(\frac{m_2}{m_1+m_2}\right) \underline{v}$$

$$\underline{R}_2 = \left(\frac{m_1}{m_1+m_2}\right) \underline{v}$$

} [1.24]

So, both M_1 and M_2 orbit the c.o.m. on same conic as relative motion
ie, with same mean motion n , e , I , ω

But ω reduced semi-major axis and pericentres offset by 180°



eg:

Angular momentum

$\dot{\theta}$ is unchanged, so the specific ang. mom. of both objects is const:

$$h_1 = R_1^2 \dot{\theta} = \left(\frac{m_2}{m_1+m_2}\right)^2 r^2 \dot{\theta} = \left(\frac{m_2}{m_1+m_2}\right)^2 h$$

$$h_2 = R_2^2 \dot{\theta} = \dots = \left(\frac{m_1}{m_1+m_2}\right)^2 h$$

And total ang. mom. is also const:

$$\underline{L}_{\text{tot}} = m_1 \underline{h}_1 + m_2 \underline{h}_2 = \left(\frac{m_1 m_2}{m_1+m_2}\right) \underline{h} \quad [1.25]$$

Energy is also const:

$$\begin{aligned} E_{\text{tot}} &= \frac{1}{2} m_1 \dot{r}_1^2 + \frac{1}{2} m_2 \dot{r}_2^2 - G m_1 m_2 / r \\ &= \frac{1}{2} m_1 [\dot{R}_1^2 + R_1^2 \dot{\theta}^2] + \frac{1}{2} m_2 [\dot{R}_2^2 + R_2^2 \dot{\theta}^2] - G m_1 m_2 / r \\ &= \frac{1}{2} \left[m_1 \left(\frac{m_2}{m_1+m_2} \right)^2 + m_2 \left(\frac{m_1}{m_1+m_2} \right)^2 \right] (\dot{r}^2 + r^2 \dot{\theta}^2) - G m_1 m_2 / r \\ &= \frac{1}{2} \left(\frac{m_1 m_2}{m_1+m_2} \right) V^2 - G m_1 m_2 / r \end{aligned}$$

$$\text{but } V^2 = G(m_1+m_2)[2/r - 1/a] \quad \text{from } [1.11]$$

$$\begin{aligned} \therefore E_{\text{tot}} &= -G m_1 m_2 / 2a \\ &= \left(\frac{m_1 m_2}{m_1+m_2} \right) C \end{aligned} \quad [1.26]$$

(17)

Perturbed motion (Eq. 4)

Even if an additional perturbing force means that motion is not purely 2-body, the instantaneous pos² and vel. of a particle define a set of 6 "osculating elements" which is the orbit if the pert. were removed

Consider a small acceler. applied to M₂

$$d\mathbf{F} = \bar{R}\hat{\mathbf{i}} + \bar{T}\hat{\mathbf{\theta}} + \bar{N}\hat{\mathbf{z}}$$

where $\hat{\mathbf{i}}, \hat{\mathbf{\theta}}, \hat{\mathbf{z}}$ define ref frame ctr on M₂, $\bar{w}\hat{\mathbf{l}}$ in dir $r_1 \rightarrow r_2$, $\hat{\mathbf{z}}$ is \perp to orb. plane

$$\text{New e.o.m. } \boxed{1.19}: \ddot{\mathbf{r}} + \mu \mathbf{r} / r^3 = d\mathbf{F} \quad \boxed{1.19}$$

$$\boxed{a} \int \dot{\mathbf{r}} \cdot \boxed{1.19} dt$$

$$\text{From } \boxed{1.9}: \frac{1}{2}v^2 - \mu/r = C = \int \dot{\mathbf{r}} \cdot d\mathbf{F} dt$$

$$\therefore \dot{C} = \left(\frac{\dot{r}_0}{r_0} \right) \cdot \left(\frac{\bar{R}}{\bar{N}} \right) = \bar{R}\dot{r} + \bar{T}r\dot{\theta}$$

$$\text{But } C = -\mu/2a$$

$$\therefore \dot{C} = \frac{M}{2a^2} \dot{a}$$

So from $\boxed{1.10}$:

$$\dot{a} = 2\sqrt{\frac{\mu}{\mu(r-e^2)}} [\bar{R}e\sin f + \bar{T}(1+e\cos f)] \quad \boxed{1.27}$$

$$\boxed{c} \frac{d\boxed{1.2}}{dt}$$

$$\dot{\mathbf{h}} = \dot{\mathbf{i}} \wedge \dot{\mathbf{r}} + \dot{\mathbf{r}} \wedge \dot{\mathbf{r}} = \mathbf{r} \wedge d\mathbf{F} = r\bar{T}\hat{\mathbf{z}} - r\bar{N}\hat{\mathbf{\theta}} \quad \boxed{1.28}$$

Only $\hat{\mathbf{z}}$ component changes magnitude of \mathbf{h} :

$$\text{Consider } |\mathbf{h}_{\text{new}}| = \left| \begin{pmatrix} dh_x \\ dh_y \\ dh_z \end{pmatrix} \right| = h_{\text{old}} + dh_z \quad \boxed{1.29}$$

$$\therefore |\dot{\mathbf{h}}| = \bar{T}$$

$$\text{Rewrite } \boxed{1.6} \text{ as } e = [1 + 2Ch^2/\mu^2]^{1/2} \quad \boxed{1.30}$$

$$\therefore \dot{e} = (\partial e / \partial h)\dot{h} + (\partial e / \partial C)\dot{C}$$

$$\text{But } \partial e / \partial h = \frac{1}{2e} \frac{4Ch}{\mu^2} = -\frac{1}{e} \sqrt{\frac{1-e^2}{ma}} \quad \boxed{1.31}$$

$$\partial e / \partial C = \frac{1}{2e} \frac{2h^2}{\mu^2} = \frac{a(1-e^2)}{\mu e}$$

$$\therefore \dot{e} = \sqrt{\frac{a(1-e^2)}{\mu}} \left[\bar{R}S\sin f + \bar{T} \left[\frac{(1+e\cos f)}{e} - \frac{(1-e^2)}{e(1+e\cos f)} \right] \right]$$

$$= \sqrt{\frac{a(1-e^2)}{\mu}} \left[\bar{R}S\sin f + \bar{T}[\cos f + \cos E] \right] \quad \boxed{1.31}$$

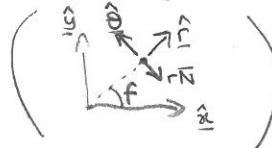
$$\text{where } \cos E = (e+\cos f)/(1+e\cos f)$$

So, only forces in orbital plane change a and e

The $\hat{\theta}$ component changes the orientation of \vec{h} and so the orbital plane

$$\vec{h}_{3D} = T \vec{h}_{2D}$$

where $\vec{h}_{2D} = \begin{pmatrix} rN \sin f \\ -rN \cos f \\ \vec{r} \cdot \vec{n} \end{pmatrix}$ from 1.28



$$\therefore \vec{h}_{3D} = r \left(\bar{T} S \cos I + \bar{N} [S \omega f \cos \ell + C \omega f \sin I] \right) \\ \quad \left(-\bar{T} S \cos I + \bar{N} [S \omega f \sin \ell - C \omega f \cos I] \right) \\ \quad \bar{T} C I - \bar{N} [C \omega f \sin I]$$

from 1.14

1.32

From 1.17 $\cos I = h_z/h$

$$\therefore -\sin I \dot{I} = \dot{h}_z/h - h_z \dot{h}/h^2 \\ = \frac{f}{h} [\bar{T} \cos I - \bar{N} (\cos(\omega f) \sin I - \bar{T} \cos I)] \\ \therefore \dot{I} = r \bar{N} \cos(\omega f)/h$$

1.33

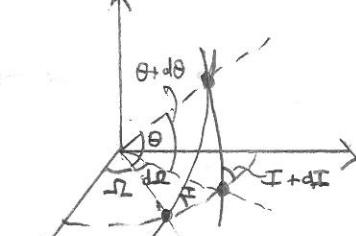
from 1.17 $\tan \omega = -h_x/h_y$

$$\therefore \sec^2 \omega \dot{\omega} = -\dot{h}_x/h_y + h_x \dot{h}_y/h^2 \\ = \frac{1}{h} [h_x/(\cos \omega \sin I) + h_y \tan \omega /(\cos \omega \sin I)] \\ \therefore \dot{\omega} = \frac{1}{h \sin I} [h_x \cos \omega + h_y \sin \omega] \\ = r \bar{N} \sin(\omega f) / (h \sin I)$$

1.34

So orbital plane only changed by forces \perp to orbital plane

NB • = node projected onto sphere



NB • = node projected onto sphere

$$r = a(1-e^2)/(1+e \cos(\theta-\omega))$$

$$\therefore \cos(\theta-\omega) = \left[\left(\frac{a}{r} \right) (1-e^2) - 1 \right] \frac{1}{e} \quad \text{see 1.18}$$

$$= \left[h^2/\mu r - 1 \right] \left[1 + 2Ch^2/\mu^2 \right]^{-1/2} \quad \text{eg 1.30}$$

$$\therefore -\sin(\theta-\omega)(\dot{\theta}-\dot{\omega}) = \left[\partial \cos(\theta-\omega) / \partial h \right] \dot{h} + \left[\partial \cos(\theta-\omega) / \partial C \right] \dot{C} \quad (\text{NB } r \text{ is fixed instantaneously})$$

$$\therefore \dot{\omega} = \dot{\theta} + e^2 \sqrt{\frac{a(1-e^2)}{\mu}} \left[-\bar{R} \cos f + \bar{T} S \sin f (2+e \cos f) / (1+e \cos f) \right]$$

1.35

Now θ is pos \equiv from node, which has moved, but pos \equiv has not, doing sph. trig. on θ

$$\cos(\theta+d\theta) = \cos \theta \cos d\omega + \sin \theta \sin d\omega \cos I$$

$$\therefore \dot{\theta} = -\dot{\omega} \cos I$$

1.36

Averaging around orbit

$$\text{Let } \langle x \rangle = \frac{1}{T_{\text{per}}} \int_0^{T_{\text{per}}} x dt = \frac{1}{2\pi} \int_0^{2\pi} x dM$$

Rewrite using $r^2 df/dt = \sqrt{\mu a(1-e^2)} = \text{const}$ (1.6)

$$\therefore \langle x \rangle = \frac{1}{2\pi a^2 \sqrt{1-e^2}} \int_0^{2\pi} r^2 x df$$

1.37